

# ROAD RACE NEWS

WRITES NICK BEALE



**28/29 June Certini Tor 2-Day.** We entered this race on the edge of Dartmoor with high hopes, having finished 22nd and 23rd overall last year on the back of poor form. However, it turned out to be a short-lived experience second time around. The race started with the same 6km prologue, using three quarters of the stage 2 road race circuit. Rupe recorded 9m47s; I was three secs back. This placed us 32nd and 34th of the 60 starters, just over 1 minute back on the leader - not bad considering all the fast boys were riding TT bikes not road bikes like us. There then followed 12 laps of a 9km circuit with a bonus of 15 seconds every lap across the finish line. Well, we managed to hang on for three laps before both coming to a virtual standstill - just nothing in the legs whatsoever. I think the high pollen count had done for us or a summer cold - that's the only explanation especially given the good form in the preceding weeks - and we abandoned the race. So, instead of racing we spent Sunday morning scrambling over some of Dartmoor's real Tors.

**6 July Oxford City/OUCC Road Races, Beckley.** Not ridden since the previous weekend, still not 100%, but both had pre-entered these races so decided to ride to see if performance was up from the previous week. There was heavy rain for the first hour but this eased and it was quite mild conditions for the second half of the races. Rupe felt a lot better than last week but

only lasted 2 of the 5 laps of the 15 mile Horton-cum-Studley circuit with what was a high quality elite field. I had pre-entered the 3 / 4 race (a 4 lap race) before becoming a 2nd cat so could still ride the race - a wise move given my condition I thought - still felt heavy legged and not very lively but managed to haul myself up the final climb to end with 11th (although missed by the finish line judges and didn't officially finish?!).

**12 July Oakley Village Road Race, 52 miles.** Both had pre-entered but Rupe was still not fit enough to race so he gave this one a miss. It was a fast race (27 mph ave) on a flat, narrow course. Surprisingly I felt OK and even managed to animate the race a bit but to no avail. Then with only a few km to go a small group of 4 or so slipped off the front and none of us wanted to take up the chase. Race over and I trundled over the line in the bunch.

**20 July National Masters Race (30-40yrs), 82 miles.** 10 laps of an undulating circuit near Winchester. Another short-lived experience for us. Hung on for 1.5 laps before coming to a virtual standstill - legs just seized again, so home well in time for lunch.

**27 July Thrupton E/1/2 circuit race.** Both felt better than the previous week but still not the good form of May/June and legs not recovering well enough between attacks to cope with the pace changes in an Elite race. A very small field so road on to finish in the points (13th and 14th).

## Didcot Phoenix C C – Martin Newell Road Race 2008

The weather was perfect for the annual Didcot road race, five and a half laps on the 19.2 km Woodcote circuit. Forty-eight riders took part and the race settled down to a steady ride, although there were a few attacks that came to nothing.

It wasn't until the next to last lap that a group of seven riders got clear of the bunch on the hill to Crays Pond.

On the final climb to Cray's Pond three riders managed to ride clear. Adam Cotterell Tri Sport News.com taking first place managed to pip Edgar Medellin Finchley RT second and Jason Roberts Glasgow Nightingale was a couple of bike lengths behind them taking third place

- 1st Adam Cotterell Tri Sport News.com
- 2nd Edgar Medellin Finchley RT
- 3rd Jason Roberts Glasgow Nightingale
- 4th Andrew Hastings Bishops Stortford
- 5th Neil Wass Anders Electronics
- 6th Mark Williams Python RT
- 7th David Kennet Norwood Paragon
- 8th Samuel Parker Oxford City RC
- 9th Flavio Zappi Oxford Uni CC
- 10th Matthew Ullmer Evesham & District



# DIDCOT PHOENIX C C NEWSLETTER

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## RECORDS GALORE IN 2008 SEASON!

We've had a fantastic season for Club records this year, quite a lot of them in the Veteran categories.

The Senior record which was broken was the 100 mile record held by Rich Abbott since 1996. It was beaten by Phil Brown by 2 seconds when he recorded 4 hours 10 minutes 33 seconds this year.

Alan Allcock also broke one of Rich Abbotts long standing record for 10 miles also from 1996 by 3 seconds, recording 21.05. All the rest of the Veteran records were Plus on Standard records, the first being Alan Allcock +7.10 for 10 miles. Mick Fountain had four, +7.25 for 10 miles, +18.47 for 30 miles, +32.47 for 50 miles and +59.619 miles for 12 hours. Stan Maciak broke the 100 miles record with a +85.26 ride.

### HILLY HARWELL LAST TT OF THE SEASON! New Course and Club record by Mark Cox

Just four riders took part in the last time trial of the season, three from Didcot and one from Twickenham, James Leach.

Fastest rider was Mark Cox who broke the course record held by Nik Gardiner by 44 seconds doing a 26 minutes 56 seconds ride on quite a good morning for the time of year. This also gave a new Club record to add to others above.

Name	Lap 1	Lap 2	Total time
Mark Cox	13.24	13.32	26.56
James Leach	15.13	15.54	31.07
Graham Bellis	16.32	16.44	33.16
Darren Addison	18.21	20.35	37.56

### POOR TURN OUT FOR HILL CLIMBS

Only two riders took part in the Club's annual hill climbs, which is the smallest field we have ever had.

Mark Cox was fastest with an overall total for both hills of 9 minutes 8 seconds, with Stan Maciak the other rider recording 12.25.

#### FULL RESULT

Name	Cray's Pond	Streatley	Total
Mark Cox	5.53	3.125	9.08
Stan Maciak	7.08	5.17	12.25

### THREE DIDCOT IN MIDDLESEX 100

Stan Maciak was the fastest of the three Phoenix riders in the North Middlesex & Herts C C 100 with a fantastic 4 hours 20 minutes and 57 seconds ride. Next four riders was Mark Scanan with 4.21.07 followed by Mick Fountain with 4.49.54.

**COPY FOR NEXT NEWSLETTER BY DECEMBER 14th**



# CLUB TIME TRIAL RESULTS 2008



## CC243 BRIGHTWELL 10 July 10th

Danny Axford	21:38
Mark Cox	22:50
Nick Druce	23:50
Mark Scanlan	24:08
Steve Wright	24:57
Stan Maciak	25:29
John Woodburn	25:57
Steve Molloy	26:22
Dan White	26:23
Steve Mead	26:36
Dave Sommerlad	26:41
Ron Smith	27:10
Leo Verling	28:24
Matt Chambers	28:45
Derek Collett	29:27
Peter McPherson	29:33
Adam Gardner	29:48
Mick Fountain	30:24
Sara Mead	30:45
Pete Annells	34:15
Mark Rickinson	DNF
Tony Smith	DNF
Paul Lloyd	DNS

## CC241 FAIRMILE 10 July 17th

Danny Axford	20:59
Mark Cox	22:15
Paul Lloyd	22:47
Steve Mead	23:10
Steve Wright	23:48
Stan Maciak	24:19
Joel Dothie	25:07
Graham Bellis	25:16
Dan White	25:53
Neil Morris	26:24
Mick Fountain	26:52
Tony Smith	26:54
Rob Hares	26:56
Matt Chambers	27:24
Darren Addison	27:52
Derek Collett	27:59
Julian Bradwell	28:09
Ed Vowells	28:18
Adam Gardner	28:35
Sarah Mead	28:53
Alan Price	29:16
Pete Annells	33:06

## H10/17R SOUTHMOOR 10 July 24th

Mark Cox	22:28
Paul Lloyd	22:50
Howard Waller	22:55

Phil Brown	23:14
Steve Wright	23:27
Steve Luck	24:08
Greg Lewis	24:21
Joel Dothie	24:54
Greg Mook	24:58
Steve Quinn	25:11
Stan Maciak	25:19
Cliff Grant	25:28
Graham Bellis	25:39
Pete Edwards	25:41
Peter Saunders	25:47
Dan White	25:54
Ron Smith	26:01
Gordon Wright	26:42
Mick Fountain	26:55
Peter McPherson	27:21
Ginny Henderson	27:37
Derek Collett	28:39
Margaret Wright	29:15
Ed Vowels	29:45
Kevin Middleton	30:53
Phil Morris	33:24

## STADHAMPTON 10 July 31st

Mark Cox	22:32
Paul Lloyd	23:26
Nick Druce	23:52
Joel Dothie	24:56
Greg Mook	24:59
John Woodburn	25:07
Darren Addison/ John Moody (Tandem)	25:31
Mick Fountain	26:00
Ron Smith	26:01
Peter McPherson	26:13
Neil Morris	26:48
Matt Chambers	27:07
Mike Cooper	27:08
John Meller	27:48
Derek Collett	28:27
Sarah Mead	30:31
Laura Wells	31:54

## CC241 FAIRMILE 10 August 7th

John Wager	21:36
Mark Cox	22:09
Paul Lloyd	22:47
Steve Mead	23:14
Chris Starling	23:16
Joel Dothie	24:46
Alec Huckin	24:46
Neil Morris	25:51
Dave Somerlad	25:53



# CLUB TIME TRIAL RESULTS 2008



Mick Fountain	26:04
Mike Cooper	26:04
Peter McPherson	26:15
Graham & Sheona Bellis (Tandem Bike)	27:12
Derek Collett	27:57
Antony Proctor	27:42
Gordon & Margaret Wright (2-up)	28:22
Sarah Mead	29:01
Pamela Jordan	29:34
Laura Wells	29:50

## CC243 BRIGHTWELL 10 August 14th

Mark Cox	22:23
Paul Lloyd	22:26
Phil Brown	23:26
Steve Mead	23:35
Steve Luck	24:14
Nick Druce	24:20
Joel Dothie	24:47
Ron Smith	25:21
Alec Huckin	25:21
Stan Maciak	25:23
Steve Avery	25:48
Peter McPherson	26:23
Neil Morris	26:37
Tony Smith	27:53
Mick Fountain	27:54
Stuart Camps	28:16
Derek Collett	29:06
Darren Addison	29:06
Laura Wells	29:36
Pamela Jordan	30:14
Sarah Mead	30:27
Amanda Druce	31:52

## CC241 FAIRMILE 10 August 21st

Mark Cox	21:53
Phil Brown	22:19
Steve Mead	23:05
Steve Luck	23:38
Steve Wright	24:15
Joel Dothie	24:17
Stan Maciak	24:59
Ron Smith	25:08
Greg Mook	25:12
Dave Sommerlad	25:19
Mike Cooper	25:28
Steve Avery	25:31
Peter McPherson	25:37
Mick Fountain	25:38
Neil Morris	26:05
Derek Collett	27:43
Gordon Wright	27:45
Margaret Wright	28:33
Darren Addison	28:35
Laura Wells	29:26
Pete Annells	32:38

## H10/15 SIRE'SHILL August 28

Mark Cox	21:55
Paul Lloyd	22:18
Steve Mead	22:32
Phil Brown	22:55
Nick Beale	24:03
Greg Mook	24:26
Jon Seddon	24:48
Stan Maciak	24:54
Mike Cooper	25:16
Pete McPherson	25:36
J Moody/L Makin (Tandem)	25:37
Pete Edwards	25:50
Neil Morris	26:18
John Miller	26:36
Matt Chambers	27:09
Derek Collett	27:35
Sarah Mead	28:59
Laura Wells	29:03
Amanda Seddon	29:25
Pete Annells	32:16

## A SUCCESSFUL ANNUAL 2008 GENERAL MEETING

Twenty members attended the annual AGM at the Brightwell Clubroom. The Chairman Phil Brown gave a short speech. Treasurer Mick Fountain gave out the annual treasury sheets.

The new committee were elected as follows: Chairman Mark Scanlan, Secretary Ian Middleton, Treasurer Mick Fountain, Time Trial Secretary Phil Brown, Social Secretary Amanda Seddon, Touring Secretary John Moody, Press Officer Steve Luck, Website Officer Richard Alldred, BC Secretary Trevor Patey, CTT Delegates Marion Fountain and Phil Brown, Trophy Officer Alan Allcock, Clothing Officer John Moody. Other Committee Members Phil Robbins, Nick Beale, Laura Wells, Nick Druce.

Two propositions were on the agenda. From 1st October Subs and CTC membership to be collected together and run concurrently was accepted. 2. due to CTT levies going up the Club propose to vcharge members £1 plus CTT levy for Club TT entry, this also was accepted. Three other proposals were put up from the floor club records only be claimed in Club TTs & Opens. Yes there would be a road race 2009. More helpers needed on Club TTs and Affiliation to Triathlon Association. All three were left for the Committee to discuss at their next meeting.

The Dinner and Prize Presentation date will be announced in the January Magazine.